



# Carlton Public School

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## Subject: Youth Mental Health Screening Study for students in Years 4, 5 and 6 Parent Information and Consent forms Part 1

Dear Parents and Carers,

As you may have seen last week in our school newsletter, Carlton Public School is excited to be participating in a study on youth mental health screening in schools, conducted by Macquarie University in partnership with the NSW Department of Education and Ministry of Health, The Association of Independent Schools of NSW, and Catholic Schools NSW, along with the NSW Mental Health Commission.

This study aims to transform the management of mental (or emotional) health in young people by identifying youth who are struggling with emotional distress and getting them to appropriate help early. We are inviting you and your child to participate in this ground-breaking research.

Attached to this letter, you will find two different Information and Consent Forms:

1. An **opt-out** consent form for your **child's participation in an online mental health screening tool** that will be conducted during their PDHPE/health class, starting in Term 2 Week 6 24 May. Opt-out consent means that if you *do not want* your child to participate, you will need to sign and return the form on page 3. You are completely free to withdraw your child from participating in the screening tool, now and at any time in the future.

**I would like my child to participate in the mental health screening**

No need to do anything! Your child will automatically be eligible to participate.

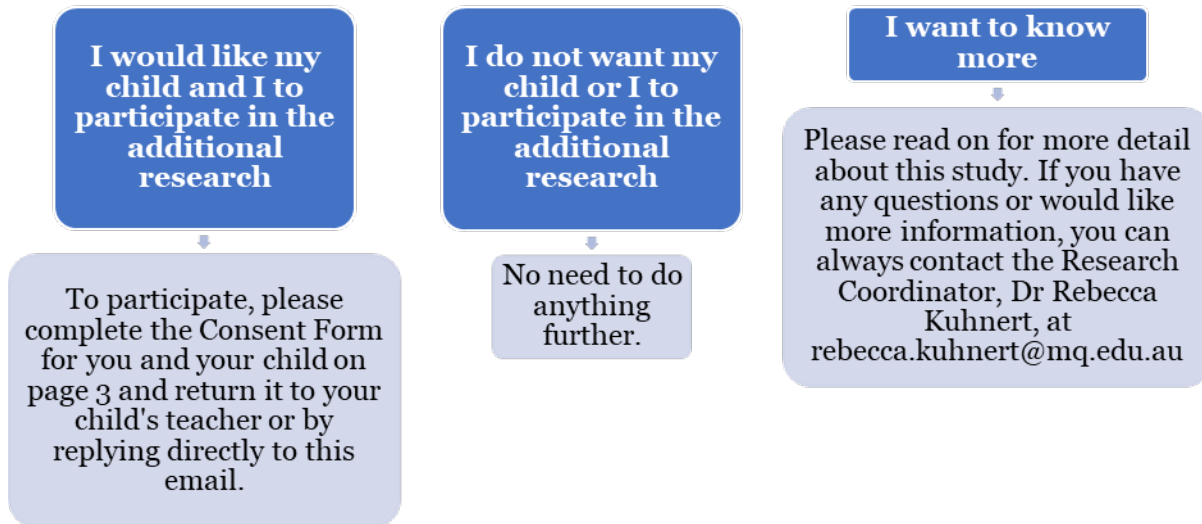
**I do not want my child to participate in the mental health screening**

You can opt for your child to not participate by completing the Opt-Out Consent Form on page 3 and returning it to your child's teacher or by replying directly to this email.

**I want to know more**

Please read on for more detail about this study. If you have any questions or would like more information, you can always contact the Research Coordinator, Dr Rebecca Kuhnert, at [rebecca.kuhnert@mq.edu.au](mailto:rebecca.kuhnert@mq.edu.au)

2. An **opt-in** consent form for you and your child to participate in some additional components that will help to test the screening tool. These additional components include a mental health interview and some parent questionnaires as well as some information from the school for which you will receive \$40. If you and your child *want* to participate in this second part, you will need to sign and return the form on page 3. Please note that this is completely voluntary and you can withdraw your consent at any time. If you would like to participate, please kindly return the Opt-In consent form by **Friday 21 May 2021**.



If you have any questions about this study or would like to know more, please email the Research coordinator, Dr Rebecca Kuhnert: [rebecca.kuhnert@mq.edu.au](mailto:rebecca.kuhnert@mq.edu.au).

Kind regards,

Steve Mead  
Principal