



Carlton Public School

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1 June 2021

ES1 FITNESS PROGRAM

Date and Time of Incursion	Starting Tuesday 20 July 2021 (Week 2, Term 3) for 8 weeks
Outcomes to benefit students' learning program	A whole body warm up and fitness routine being taught to each class by a qualified organisation. The program will incorporate the syllabus PDHPE of study to students. The delivery of this course will take place on school premises by "Dance 2bfit".
Classes involved	KM and KS Tuesdays KK and KR Wednesdays KW and KC Thursdays Please wear joggers on your child's Fitness Day
Teachers attending and providing supervision with Emergency Care training	All Stage ES1 Teachers
Cost	\$30 per student
Please return your note to the collection box by:	Wednesday 23 June 2021 <i>A link has been sent via Carlton PS email to the financially responsible parent's nominated email address. Simply click on the BLUE link for the current information.</i>

Mrs Milner
Assistant Principal

Steven Mead
Principal



FITNESS PROGRAM – ES1	CLASS TEACHER
PERMISSION / MEDICAL / PAYMENT	
PERMISSION I give permission for my child _____ of class _____ to participate in the Fitness program in Term 3, 2021 that will be held in school. This activity has been approved by the Principal. Signed: _____ Parent/Guardian Date: _____	
MEDICAL INFORMATION: Child's Name: _____ Class: _____ Does your child have any medical conditions or allergies? YES / NO If Yes, please specify _____ Signed: _____ Parent/Guardian Date: _____	
PAYMENT DETAILS – Due Wednesday 23 June 2021 \$30.00 <input type="checkbox"/> Online Receipt number is _____ Date _____ <input type="checkbox"/> Cash : I have enclosed \$ _____	

Please return completed permission note by email or to the office