



Carlton Public School

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21 April 2021

INTERRELATE -YEAR 6

MOVING INTO THE TEEN YEARS

Carlton Public School on Monday 17, 24 & 31 May 2021

Dear Parents,

To help prepare Year 6 students for High School, we have arranged for "Interrelate School Services" to come to our school and hold a series of lessons in class time during the month of August. This program "Moving into the Teen Years" explores a range of adolescent issues and explains the puberty changes and offers a comprehensive sexuality program designed especially for this time in their life.

The course is run by fully trained and experienced educators and questions are encouraged and appropriately addressed. Your child's class teacher will also be in attendance while these are being conducted. The current Moving into the Teen Years program has been reduced to 3 x 90-minute sessions for Year 6 students. Program focus:

- Revisit development at puberty
- Outline the process of human reproduction, including conception, foetal development and birth
- Explore respectful relationships with self, friends and family
- Enhance students' self-esteem, communication and decision-making skills in relation to taking responsibility, taking care of themselves and respecting others
- Assist students to become aware of influences on their personal choices and the potential consequences of those choices
- Raise awareness of technology and its influence on teens, including strategies for cyber safety
- Discuss expectations in high school

The cost of this program is \$40.00

Payment Due: Wednesday 12 May 2021

Please note: The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.

Mrs Nikolakopoulos
Organiser

Steven Mead
Principal



INTERRELATE – Year 6 2021

Class Teacher

PERMISSION / PAYMENT

PERMISSION

I give permission for my child _____ of class _____ to attend the special program of Interrelate in Term 2, 2021. I enclose \$40.00 to cover all fees. This activity has been approved by the Principal.

Signature: _____ Parent/Guardian Date: _____

PAYMENT DETAILS – Due Wednesday 12 May 2021

\$40.00

Online Receipt number is _____ Date _____

Cash: I have enclosed \$ _____