



# Carlton Public School

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1 June 2021

## FITNESS PROGRAM – Stage 1

<b>Date and Time of Incursion</b>	Starting Tuesday 20 July 2021 (Week 2, Term 3) for 8 weeks
<b>Outcomes to benefit students' learning program</b>	A whole body warm up and fitness routine being taught to each class by a qualified organisation. The program will incorporate the syllabus PDHPE of study to students. The delivery of this course will take place on <b>school</b> premises by "Dance 2bfit".
<b>Classes involved</b>	Stage 1
<b>Teachers attending and providing supervision with Emergency Care training</b>	All Stage 1 Teachers
<b>Cost</b>	<b>\$30 per student</b>
<b>Please return your note to the collection box by:</b>	Wednesday 23 June 2021 <i>A link has been sent via Carlton PS email to the financially responsible parent's nominated email address. Simply click on the BLUE link for the current information.</i>

Mrs Smith  
Rel. Assistant Principal Year One

Steven Mead  
Principal



### FITNESS PROGRAM – Stage 1

CLASS TEACHER

#### PERMISSION / MEDICAL / PAYMENT

##### PERMISSION

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to participate in the Fitness program in Term 3, 2021 that will be held in school. This activity has been approved by the Principal.

Signed: \_\_\_\_\_ Parent/Guardian Date: \_\_\_\_\_

##### MEDICAL INFORMATION:

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Does your child have any medical conditions or allergies? **YES / NO**

If Yes, please specify \_\_\_\_\_

Signed: \_\_\_\_\_ Parent/Guardian Date: \_\_\_\_\_

##### PAYMENT DETAILS – Due Wednesday 23 June 2021

**\$30.00**

Online Receipt number is \_\_\_\_\_ Date \_\_\_\_\_

Cash : I have enclosed \$ \_\_\_\_\_

**Please return completed permission note by email or to the office**